

Healing Rooms / Altar Ministry Training

Lesson 4 - One on One Ministry

	Notes
One on One Ministry	
What do we do when a person comes forward for prayer?	
Four basic steps:	
 Step 1 - Greet them Find out their needs and why they are there. The first 30 seconds is very important because they will judge you and determine if they can trust you. Three basic rules for what God has asked us to do: Listen to them Love them Pray for them Begin to ask questions Listen to what is said and also what is not said – Listen intently to Jesus for His wisdom and understanding in this situation. Concentrate on immediate needs – no long term counseling. 	
 Step 2 - Receive the Mind of the Lord Wait until you get a sense or an impression of what the problem(s) is and how to begin to pray for it. Part of the "Receiving the Mind of the Lord" involves the type of prayer to use. Physical Healing Command things to change Take the authority that Jesus has given to us Speak out loud and break the holds over a person's life Emotional Healing Use petitions to God. Lead person in prayer for confession of sins, unforgiveness, and judgments. 	
 Step 3 - Praying for and with the person Pray with your eyes open. Always tell the person what you are going to do and then ask permission. If you lay hands on their forehead, DO NOT push them backward or push them over or rock them. Some people will need to sit down on a chair before you can pray for them When you pray, pray to God the Father in the name of Jesus. Pray words that they can understand. 	

	Notes
♦ As you pray, look for changes — look for emotional	
responses in the person, look for changes in pain levels	
or movement of limbs – some healing is gradual.	
◆ Continue to pray until you feel that it is time to stop	
but don't just keep praying trying to make something	
happen. Jesus prayed very short prayers.	
♦ Offer mercy and compassion and not advice or	
condemnation or judgment.	
♦ Please do not chew gum or tuck a number of candies	
into your cheek.	
♦ Please do not use strong perfume, cologne, scented	
hand lotions or scented anointing oil. Some people are	
very allergic to these smells or may develop a rash when	
anointed.	
♦ Everything that is said to you is CONFIDENTIAL.	
♦ If more extensive ministry is needed, have them make a	
Ministry appointment.	
Step 4 - What if nothing happens	
♦ First – never condemn the person or say that it is due to	
a lack of faith on their part.	
◆ Do not assume that they aren't healed because it is a	
demon.	
♦ Begin to ask questions again looking for more areas	
where a stronghold(s) has been established:	
o Unforgiveness & anger towards others, towards God	
or self	
o Ignorance or lack of knowledge of God's Word - Isa.	
5:12-14; Hosea 4:7	
o No faith in God - rather unbelief and doubt	
 Looking to man rather than God - Jer. 17:5,7,9-10 Personal trauma - accidents, injury, physical &/or 	
emotional abuse	
O Family - iniquity coming down generational lines	
o Occult involvement or Secret Societies - even when	
they may seem innocent - Ouija board, Tarot Cards,	
Freemasonry	
O Dishonoring of parents	
O Judgments against others (including God or self)	
O Vows against others or self	
O Lack of accountability for their own thoughts and	
actions	
O Flagrant or habitual (continuous) sin	
o Not releasing their rights and control over situations	
or how God will bring healing	
o Robbing God of tithes and offerings	
O Just giving up - no longer seeking God	
♦ Ask them to keep coming back to the Altar to receive	
prayer. Their healing will manifest over time.	

Addendum A Guidelines for Altar Ministry Teams

During Service

- Be ready to go forward or do what was asked.
- We ask that you minister as a team with another Altar Minister.
- As people come to you or as you go to them, ask them what their needs are.
- Listen to what they say and listen to what Jesus is saying about how to pray for them.
- Encourage the person receiving prayer to close their eyes and not to pray with you but just relax and receive what the Holy Spirit
 wants to do in their life.
- Tell the person what you are going to do and ask permission to touch them when you pray by holding their hand or placing your hand on their head or shoulder.
- If you place your hand on their forehead, use a light touch and don't push them over if they are standing.
- Pray with your eyes open so you can see what God is doing.
- Be quite for a moment before you begin to pray -- allow the person time to relax and be ready to receive. Check for any tension in their arms or shoulders.
- Speak in a normal voice or a low voice depending on what is happening around you. Please be mindful of others around you and not pray so loud that it becomes a distraction to others.
- If person begins to sway or to fall, reassure them of your presence.
- If they rest on the floor, continue to pray for them and stay with them as long as you sense you should.
- Be mindful that others may need prayer too (especially if many came forward), so don't spend too long with one person and
 don't let them monopolize your time.
- Cloths are available to cover the person who is lying on the floor.
- Please don't be shocked by what someone might say to you but if you don't feel comfortable praying with that person, pass them off to another ministry team.
- When you pray:
 - ♦ Pray with words that the person will understand.
 - Pray encouraging, edifying, life-giving words.
 - ♦ If you receive a Word of Knowledge or a Prophetic word, give only what you see or hear and not your interpretation or application of it. Ask questions "This is what I believe the Lord is showing me. Does this word mean anything to you?"
 - ♦ The person you are praying for should be your primary focus and concern. Focus on your prayer for them and not on what is happening around you. Remember their name if they tell you and use it in your prayer.
 - ♦ No inappropriate touching.
 - Do not make the person feel that something is wrong with them if they don't seem to be receiving.
 - ♦ No matter what you hear, always pray positive edifying things to the person. <u>Don't lecture, preach, counsel or give advice.</u>

 Please do not try to change their theology on healing or explain to them why they are wrong. <u>Let God speak to them You are not their Holy Spirit and they have come to you for prayer.</u> Ask God "How do I bless them in prayer?" If you really have an issue with them, have another team member pray for them.
- If you are sexually attracted to the person, stop and have another team member or someone else pray for them.
- Do not suggest that the person stop taking their medication rather encourage them to see a doctor to verify their healing.
- Keep confidential what you hear and see as you minister to others. They have opened their heart to you and have trusted you. Please don't wound them by talking about it later.
- If they have confessed child abuse, adult elder abuse or that they are suicidal, please immediately tell your leader.
- If you feel weak during the ministry time, sit down for a while and then return to ministry.
- If a person becomes disruptive during the prayer time, try to quite them and if necessary move them to another room outside the sanctuary so they can receive ministry.
- If you realize that more in-depth ministry is required, refer the person to the appropriate provider Pastor, Elder or medical doctor.
- Personal hygiene is critical during ministry. Be aware of body and breathe odor. Breathe mints, breathe sprays or drops, deodorant and clean clothes should be used. Do not use scented anointing oil because some people are allergic to that oil and it can cause strong reactions.
- Women should wear appropriate attire. Ministry may take place on the floor.

Addendum B Cleansing Prayer After Ministry at the Altar

"Lord Jesus, thank You for sharing with us Your wonderful ministry of healing and deliverance. Thank You for the healings we have seen and experienced today.

We realize that the sickness and evil we encounter is more than our humanity can bear, so cleanse us of any sadness, negativity or despair that we may have picked up. If our ministry has tempted us to anger, impatience or lust, cleanse us of those temptations and replace them with love, joy and peace.

If any evil spirits have attached themselves to us or oppressed us in any way, we command you, spirits to depart – now – and go straight to Jesus Christ for Him to deal with you as He will.

Come Holy Spirit: renew us – fill us anew with Your power, Your life and Your joy. Strengthen us where we have felt weak and clothe us with Your light. Fill us with life. Lord Jesus, please send Your holy angels to minister to us and our families—guard us and protect us from all sickness, harm and accidents. Stop any retaliation against my family or me. Give us a safe trip home and grant us a peaceful night's rest.

Thank You for what You have done and will continue to do. Seal Your work in each life. Any praise or honor that man has given to me, I give to You for You alone are worthy to be praised.

We praise You now and forever, Father, Son and Holy Spirit, and we ask these things in Jesus' Holy Name that He may be glorified."

Amen.