

- Hard to live life without suffering an emotional wound.
- In a traumatic moment, we stop processing our reality correctly and it feels like no one is there for us - not even God.
- Signs of emotional pain:
 - ◆ Low self esteem ◆ Shame
 - ◆ False Guilt ◆ Feelings of Helplessness
 - ◆ Loss of Control ◆ Anger
- Pain buried alive stays alive until it is put to death on the cross.
- Purpose in praying for emotional healing is to bring the person into an experiential relationship with Jesus & Father's love.
- Hindrances to receiving healing:
 - ◆ Unforgiveness ◆ Judgements
 - ◆ Expectations ◆ Vows
 - ◆ Soul power ◆ Soul ties
 - ◆ Generational sin ◆ Dishonoring parents
 - ◆ Lack of accountability ◆ Won't release control
 - ◆ Inability to receive God's love
- Discussing five of the hindrances:
 - ◆ Judgements - ability to make a decision or form an opinion.
 - Krino - judgment of condemnation
 - Diakrino - to separate, discern, investigate
 - Do not make critical judgments - about God, ourselves, others and about life
 - ◆ Expectations - belief about something that will happen in the future.
 - From judgments, we develop a mind-set that expects bad things to happen.
 - Through soul power, we draw out this behavior from another creating a self-fulfilling negative prophecy.
 - ◆ Inner Vows - promise or a commitment made by the mind and heart to do or abstain from something.
 - Vows are ongoing and do not stop until broken.
 - Vows hinder our lives because we must think and act only as the vow instructs.
 - Vows normally begin with "I will or I will not" - I am in control and not God - I have become god to myself.
 - ◆ Soul Power - the latent power of the human soul
 - When God created man He breathed the breath of life into man and man became a living soul (Nephesh)
 - Two lives were created - one spiritual & one soulish
 - When Adam sinned, the abilities of the soul merged with the physical body to form the flesh.
 - The soul can be trained - parapsychology - and used against the things of God and the people of God.

Notes

- ◆ Soul Ties - a relationship with another person or thing that exerts a distinct measure of control or influence over that person's life.
 - Godly soul ties - two permanent & others are temporary or seasonal
 - * Permanent - tie to the Lord & tie to my spouse
 - Negative soul ties
 - * Sex outside of marriage - destroy body & soul
 - * Wrong friends & evil companions
 - * Wrong family relationships
 - * Exposure to false teachings / secrete oaths / vows
 - * Ties with the dead
 - * Occult involvement
 - * Just living life & being around people
- How to break the power of judgements, expectations and vows - *see Addendum A Handout*
- How to break ungodly soul ties - *see Addendum A Handout*
- The importance of change to maintain their healing
 - ◆ We must listen to the person and to God
 - ◆ We comfort them with the same comfort we have received - II Cor. 1:4
 - ◆ We provide biblical principles to help tear down and disassemble the roadblocks that would hinder their healing.
 - ◆ We encourage them to proclaim what God has done for them and to do it often - openly - publicly.
 - ◆ We encourage them to change the picture on the inside of who they are. They are not just survivors - they are overcomers - "for they overcame by the blood of the Lamb and the word of their testimony" - Rev. 12:11.

Addendum A

Typical Prayer to be Prayed for Judgements - Expectations - Vows

Steps to Breaking the Power of Judgements - Expectations - Vows over a person's life

- ◆ The person, at the Altar, must recognize and acknowledge that they have critically judged another person or an organization or even themselves. If they do not recognize what they have done, then they can't confess this as sin and be repentant.
- ◆ We can help them acknowledge the actual wounds, hurts and emotional pain that has come into their lives because of what others have done. At this stage, they cannot minimize it. They cannot deny it. They must fully embrace it and understand that it is a part of their history – for without a test they will never have a testimony.
- ◆ Out loud – they must cancel the debt that is owed to them by the offender and forgive this person because Christ has forgiven them.
- ◆ They must confess the sin of judgements, wrong expectations, and vows that they have made, and ask God to forgive them.
- ◆ Healing minister now breaks power & consequences of judgments, expectations & vows asking God to remove their hold on person's life.
- ◆ Healing minister commands the body & mind to let go of these judgments, expectations and vows.
- ◆ Healing minister asks Jesus to bring His revelation and peace into the person's life so they are no longer controlled by things of the past.

Healing Ministers Prayer

By the power and the authority of Jesus Christ, I declare that you are forgiven and I break the power of these judgments, expectations and vows over your life. I command that your spirit, soul and body no longer remember what was determined and vowed. You are free and restored to your original design. You are no longer required to feel, think, and act in accordance with these judgments, expectations and vows.

In the name of Jesus, I command that all spiritual strongholds connected with these judgments, expectations and vows be torn down. In the name of Jesus, I command all demonic spirits connected to or associated with these judgments, expectations or vows go directly to the feet of the true Lord Jesus Christ. You will go bound. You will never return and you will never send anything in your place.

I command that all curses or consequences, that are in any way connected to or associated with these judgments, expectations or vows, be immediately broken, nullified and rendered powerless in the name of Jesus Christ.

Finally, I ask that You, Lord Jesus, bring Your light and Your revelation so that a new picture will be painted inside. I ask that You will bring Your peace that surpasses all understanding so that the heart and mind will now be protected and guarded. Thank you for hearing this prayer. Be healed in Jesus' name!

You are free!

AMEN

Addendum B **Typical Prayer to be Prayed for Soul Ties Involvement**

How to Break the Power of Ungodly Soul Ties

Power of the cross of Jesus Christ to crucify me to things of this world and the things of this world to me
Galatians 6:14; 2:20; I Corinthians 15:31; Luke 9:23

Steps to break an ungodly soul tie:

- Step 1 - Ask the Holy Spirit to reveal any ungodly soul ties that we have with someone else or with something else.
- Step 2 - If we have disobeyed God's word and entered into a sinful relationship, we need to confess it; ask for God's forgiveness and repent of our sin
- Step 3 - Ask the Holy Spirit to reveal any gifts, objects, jewelry, rings, pictures and idols or icons that were received during the relationship that could spiritually tie a person to another person or evil being. If there are, then these must be removed.
- Step 4 - Renounce and repent of any vows or commitments that were made to each other during the relationship.
- Step 5 - Forgive the person who created the ungodly soul tie of any and all wrongdoings.
- Step 6 - Renounce soul ties and break their power by praying the typical prayer found below:

Heavenly Father, I recognize that there are unhealthy and ungodly soul ties into my life. Some I have created and some were created for me by others. Lord, I ask that You forgive me for creating or yielding to unhealthy and ungodly soul ties. I forgive those who sought to control me and I renounce every unhealthy and ungodly part of that bond. Yet Lord, I ask that You strengthen every godly part of my relationship with others.

Now in the name and the authority of Jesus Christ, I break every soul tie and soul bond to my mind, my will and my emotions. I break any ties to my physical body. I also break any sexual ties or sexual desires that arose between us. I rebuke any spirits of domination, intimidation or manipulation and I bind and rebuke all spirits of witchcraft, divination and any familiar spirits from off of my life.

I call back every emotion and every thought and the part of my will that I gave to the other person. I send back to that person every thought, every emotion and every part of their will that they have given to me. I also give back to them their struggles, their sins and their corruption

I bring the cross of Jesus Christ between me and them. I have been crucified to them and they to me (Gal. 6:14). I ask that I be made whole within my mind, my will and my emotions and that no part of me is with someone else.

Thank you Jesus for setting me free and for cleansing me by Your blood from all unrighteousness. I ask that You help me to enter into Godly associations and relations with others. Make me sensitive to those who would try to reconnect to me, so I can stop it immediately.

Thank you Father for the liberty that I have in Jesus Christ.

For it is in Jesus' name that I pray

AMEN