

# Worship – It’s All About You Jesus

## I. Distinction between Thanksgiving – Praise – Worship

- a. **Thanksgiving** – we acknowledge God’s goodness and what He has done and provided for us. Thanksgiving is directed to or at someone.
  - i. Our focus is on what God has done or will do and **not** on what He hasn’t done.
  - ii. We are commanded – “In everything give thanks.” (I Thess. 5:18)
  - iii. Grumbling, complaining, murmuring, faultfinding, criticalness, whining and griping will keep us from God’s Presence.
- b. **Praise** – we acknowledge God’s greatness – who He is and our Praise relates to His character. Praise is spoken about someone.
  - i. Praise is vocal and not silent
  - ii. Praise is excited and joyful
  - iii. Praise is usually done in public but can be done in private
- c. **Worship** – we acknowledge and recognize the worth or value of Almighty God. He is to be the primary focus of our heart.
  - i. Hebrew – Shachah – bow down in reverence; stretching out the hands; bending of the knee and lying prostrate on our face.
  - ii. Greek – Proskuneo – bow down in reverence; to kneel or prostrate before someone in homage; to reverence; to adore.

## II. True Worship involves

- a. **Our heart** – Matthew 15:8-9
  - i. Does not refer to our physical heart
  - ii. Refers to our total being – physical, emotional and spiritual
- b. **Spirit and truth** – John 4: 23-24
  - i. Must be born again so our spirit will fellowship with Holy Spirit

- ii. The Holy Spirit reveals God the Father & Jesus Christ to our spirit
- iii. The Holy Spirit reveals the truth of Scripture to our spirit

**c. Loving God**

- i. Worship is an expression of our love for God – Matthew 22:37
- ii. How Do I Express My Love To God? - *The Five Love Languages* by Gary Chapman & the Principle of “Inasmuch . . .” - Matthew 25:40
  - 1. Quality Time
    - a. Private time to pray, “to be quiet”, read God’s Word, meditate, journal
    - b. Corporate worship service
  - 2. Words of Affirmation
    - a. Psalms, hymns, spiritual songs . . . – Ephesians 5:19
    - b. Giving our testimony to others
  - 3. Gifts
    - a. Giving ourselves – proper worship – Romans 12:1
    - b. Obedience
    - c. Tithes & offerings
  - 4. Acts of Service
    - a. Out of our love for God we serve others – Philippians 2:3-4
    - b. If we serve out of duty or obligation then it is not true worship
  - 5. Physical Touch
    - a. We touch God by touching others appropriately
    - b. When was the last time you hugged someone close to you and they knew that you loved them?